



FREE HOUSE INN & RESTAURANT  
ACCOMMODATION (EIGHT EN SUITE)  
SISTER PUB THE BLACK BULL BALSHAM



Alastair  
Sandday's



National Licensee of the Year (Good Pub Guide 2018 runner up)  
Freehouse, Gastro Food & Accommodation Pub of the Year  
(Finalists in all three - The Publican Awards)

## Bar Menu

Lovage Broth – *smoked eel, apple dumpling v poss gf* (£7)

### Sandwiches – *served lunchtimes only*

*Granary or white crusty bread sandwiches with a salad garnish*

Roast Beef – *watercress, horseradish* (£8)

Bacon, Lettuce, Tomato (£6)

Smoked Salmon – *cream cheese, chives* (£6)

Black Bomber Cheddar – *pickled onion v* (£6)

### Hot Baguettes – *served lunchtimes only*

*White baguettes with a salad garnish*

Black Bomber Cheddar – *pickled onion v* (£8)

Bacon, Lettuce, Tomato (£8)

Char-grilled Steak Baguette – *fried onions, home-made horseradish* (£10)

### Classic Main Courses

Red Lion Beef Burger – *rosemary chips, yeast extract, gruyère, pickled cucumber, home-made brioche (add bacon £2.00)*

£14 poss gf

Beer-battered Haddock & Rosemary Chips – *minted peas, tartare sauce*

£14 poss gf

Treacle-glazed Gammon – *free range eggs, rosemary chips, piccalilli*

£12 gf

Beef Pie – *Jacobs ladder, bone marrow, mashed potato*

£15

Black Pudding – *baked black pudding, duck egg, lime pickle, English muffin*

£12

Grilled Sardines – *Toasted Focaccia, preserved Lemon, Wild Garlic*

£12

Marinated olives

£3

Seasonal vegetables

£3

Minted Buttered New potatoes

£3.5

Purple Sprouting

£4.5

Rocket, Parmesan salad

£3.5

Hand-cut chips/ Cheesy Chips

£3/£4.5

Broccoli

*Service is discretionary, although a suggested 10% will be added for parties of 8 or more*

*We cook fresh to order, so if you have particular preferences, please ask (eg dietary or other requirements or small portions)*

*If there any aspects of your experience that you are not happy with, please speak to the manager so that we can put it right.*

*Complaints cannot always be retrospectively dealt with.*

*v vegetarian dishes*

*gf dishes that **can** be gluten free*

NB: *while we follow best practice, we cannot guarantee no cross-contamination (eg nuts, gluten etc)*



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