



Menu

(Please ask for our lunchtime sandwiches)

Rosemary, Garlic Focaccia – <i>whipped rosemary butter</i>	£7 <i>v</i>
Home-marinated Olives	£6 <i>v</i>
Puffed Pork Scratching – <i>sage, onion seasoning</i>	£6

Small Plates

Sticky Teriyaki Chicken Wings – <i>sesame seeds, kenpie slaw</i>	£9 (gf)
Trio Taco's – <i>BBQ Brisket- crispy onions</i>	£11
<i>Baja Cod – pickled cabbage, cream sauce</i>	
<i>Jerk Black Bean – pico de gallo salsa (vg)</i>	
Cannellini Bean Dip – <i>preserved lemon, zaatar, crispy pita</i>	£8 <i>vg (poss gf)</i>
Scallop Ceviche on a Scallop Potato– <i>tartare sauce, frickles</i>	£12 (poss gf)
Crispy Chilli Beef – <i>rocket, rainbow slaw</i>	£9 (gf)
Mozzarella, Sun-dried Tomato Arancini – <i>sweet chilli, tomato jam</i>	£8.5 <i>v</i>
Crispy Salt & Pepper Prawns – <i>lambs' leaf, paprika, lemon dressing</i>	£9.5 (gf)

Salads

Classic Caesar Salad – <i>cos lettuce, crispy bacon, Parmesan shavings, anchovies, Caesar dressing</i>	£17 (poss gf)
<i>[Add char-grilled chicken £4 ; Add Fish £5]</i>	
Hot Smoked Salmon Niçoise Salad - <i>new potatoes, green beans, olives, boiled egg</i>	£20 (gf) (poss v)
<i>[v Swap Salmon for Chargrilled Halloumi]</i>	
Hawaiian Poke Bowl – <i>sushi rice, pickled cabbage, carrot, radish salad, avocado, kombu</i>	£16 <i>v (poss gf)</i>
<i>[Add Curried King Fish £6 (gf); Add Tangy Chicken £5(gf) ; Add Tofu 3 (vg)]</i>	

v vegetarian

gf gluten free

vg vegan (please ask)

(poss) possible – please ask



Main Courses

Greek Spatchcock Poussin – <i>lemon, garlic Parmentier potatoes, feta, tomato salad, flat bread, tzatziki</i>	£26 (gf)
7oz Flat Iron Steak – <i>creamed spinach, truffle chestnut mushroom, triple cooked chips, salsa verde</i>	£34 (gf)
‘Catch of the Day’ – <i>(market price)</i>	
Norfolk Pork Fillet & Belly – <i>Pomme puree, charred cucumber, baby parsnip, sheep yoghurt, apple jus</i>	£30 (gf)
Plaice Viennoise – <i>tomato fondue, sprouting broccoli, dill potato, herb white wine sauce</i>	£28
Pie of the Day – <i>mashed potato, braised cabbage, kale, gravy</i>	£23
Potato, Feta & Dill Frittata – <i>crispy potatoes, BBQ hispi cabbage, Romesco sauce</i>	£22 (v) (gf) (poss vg)
Wherry-battered Haddock – <i>minted mushy peas, tartare sauce, skin on chips</i>	£19 (poss gf)
Red Lion Smash Burger – <i>two beef patties, Applewood cheese, maple cured bacon, caramelised onions, frickles, peri-peri fries</i> [Add onion rings £2]	£21 (poss gf)
Spinach, Ricotta Linguine – <i>preserved lemon, nutmeg, garlic, thyme crumb, chive oil salad, radicchio, walnut, mint oil</i>	£21 v (poss vg)

Side Dishes

Onion Rings	£4	Seasonal Vegetables	£4.5	Rocket, Parmesan Salad	£4.5
Cheesy Chips	£5	Skinny fries	£4.5		

v vegetarian

gf gluten free

vg vegan (please ask)

(poss) possible – please ask

Particular dietary or other requirements can be catered for – please ask the waiting staff

NB: while we follow best practice, we cannot guarantee no cross-contamination (eg nuts, gluten etc)

Appropriate meat dishes are served pink and vegetables on the al dente side, unless otherwise requested

Service is discretionary, although a suggested 10% will be added for parties of 8 or more



Desserts

Chocolate Framboisier – <i>chocolate mousse, raspberry glaze, white chocolate sorbet</i>	£11
Glazed Lemon Tart – <i>crème fraîche, candied lemon, dried freeze raspberries</i>	£10 (gf)
Sticky Toffee Pudding- <i>caramel sauce, vanilla ice-cream</i>	£9.5 (gf) (poss vg)
Exotic Eaton Mess – <i>passionfruit cream, mango curd</i>	£11
Ice Cream & Sorbet (1,2,3 scoops) <i>Ice Creams: vanilla / strawberry / chocolate / special</i> <i>Sorbets: Mango / lemon / raspberry</i>	£3/6/8

Dessert Wines & Port

75ml / 100ml

Ch. La Haute Borie 2014 Monbazillac	£4.2 / £5.6
Ch. Gravas 2018 Sauternes AOC	£5.75 / £7.75
Quinta do Crasto LBV Port 2012	£5.5 / £7.5

Coffee/Tea

*Flat White – <i>single shot / double shot</i>	£3.8 / £4.2	*Espresso – <i>single / double</i>	£2.9 / £3.4
*Cappuccino – <i>single shot / double shot</i>	£3.8 / £4.2	*Americano – <i>single shot / double shot</i>	£3.4 / £3.8
*Latte – <i>single shot / double shot</i>	£3.8 / £4.2	Hot Chocolate	£4.2
Pot of Tea- <i>complementary refills</i> (<i>Standard, English Breakfast, Earl Grey,</i> <i>Fruit, Peppermint, Green, Red Bush</i>)	£2.9/person	* Decaffeinated also available	

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